

THE DISEASE OF CHEMICAL DEPENDENCY

Addiction is a disease with far reaching, often times tragic effects. Individuals who abuse alcohol and drugs endanger themselves and others, sometimes without knowing. Over time, these individuals see their significant relationships suffer with family, friends and fellow workers.

If you or someone you love are having problems with drinking or drug abuse and are not sure where to turn, or who to talk to, we can help. Taking the first step towards better understanding the problem is difficult and most people are afraid to reach out and speak to a health care professional about it.

So please, take the first step today by calling one of our treatment facilities or visit our website at www.coniferpark.com and take our health screening and begin recovery today.

Programs offered by Conifer Park are accredited by the Joint Commission on Accreditation of Health Care Organizations (JCAHO) and licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS).

Medicaid, Managed Medicaid, commercial insurances and Regional HMO plans are accepted. Self-Pay may be arranged. Transportation may be available upon request.

*A Liberty Behavioral Management
Corp. Managed Facility*

CONIFER PARK

(800) 989 - 6446

www.coniferpark.com

Intake/Admissions: (800) 926 - 6433

79 Glenridge Road
Glenville, NY 12302

OUTPATIENT CLINICS

Glen Falls

55 Elm Street
Glen Falls, NY 12801
(518) 793 - 7273

Glenville

79 Glenridge Road
Glenville, NY 12302
(518) 372 - 7031

Plattsburgh

80 Sharron Avenue
Plattsburgh, NY 12901
(518) 561 - 1447

Rochester

1150 University Avenue
Rochester, NY 14607
(585) 442 - 8422

Schenectady

600 Franklin Street
Schenectady, NY 12305
(518) 372 - 7031

Syracuse

526 Old Liverpool Rd. Suite 4
Liverpool, NY 13088
(315) 453 - 3911

Troy

1801 Sixth Avenue
Troy, NY 12180
(518) 274 - 5143

*Additional outpatient programs located
throughout the metro New York region.*



Arms Acres
(800) 989 - 2676
www.armsacres.com

Holliswood Hospital
(800) 486 - 3005
www.holliswoodhospital.com



CONIFER PARK

*Lighting the path to recovery
for men, women and adolescents
with addiction to drugs and alcohol.*

INDIVIDUALIZED TREATMENT PROGRAMS

ADULT SERVICES

Provided on separate and distinct units for Men and Women, Conifer Park utilizes Evidence Based Treatment Practices and other behavioral therapies to address issues of motivation, develop relapse prevention skills and improve coping problem-solving abilities. In addition, Individual and group counseling, AA & NA education, medication management, art/recreational therapy, nutritional planning & education, aftercare planning and family programming, are provided in a structured safe and respectful environment. To ensure better outcomes and maximize treatment effectiveness length of stay is clinically driven and variable, based on each patients specific issues and personal needs.

ADOLESCENT SERVICES

Provided on a distinct and separate unit, treatment services for teens 12 to 18 explore the relationship between substance abuse and emotional/behavioral problems inherent to adolescents.

Utilizing evidence based treatment practices, the programming is highly structured to foster both positive peer support and provide a safe therapeutic milieu in which each patient can address emotional and behavioral changes necessary to promote and maintain recovery.

During the school year, a strong tutorial component maintains a vital link between the treatment professionals and school personnel to maintain consistency throughout the adolescent's treatment and to facilitate successful re-entry back into the school environment.

Families are also encouraged to attend the one-day Family Program in order to assist them in the recovery process. Length of stay is clinically driven and variable but may allow for some adolescents to stay up to 49 days.

DETOXIFICATION & CRISIS COUNSELING SERVICES

Medically supervised detoxification and crisis counseling services are provided for individuals who are experiencing withdrawal symptoms, which may include both physical or psychiatric complications associated with chemical dependence.

Upon admission clients are medically evaluated and provided a comprehensive drug and alcohol assessment to better determine the appropriate level of care. Many individuals are able to transfer over to one of our adult rehab units or discharged back to an outpatient setting following their completion of treatment. Medication supported recovery is coordinated with existing Physician and other Medication supported recovery providers, to ensure an ongoing level of support.

FAMILY SERVICES

The family program is designed to help family members better understand addiction through educational lectures, group interactions, and discussions.

Families learn communication skills and strategies to assist the entire family to heal and recover. Family members are encouraged to attend self-help support in their local communities.



OUTPATIENT SERVICES

Conifer Park Outpatient Services include intensive Adult programming (both day and evening), adolescent programming, dual recovery services, medication management and family therapy.

Each of our clinics is designed to provide a broad range of treatment services in a timely and efficient manner to those in need of alcohol and substance abuse counseling.

Groups provide an opportunity for staff to address clients needs based on gender and age, and assist those coping with mental health, legal and other life issues.

OUTPATIENT SERVICES INCLUDE:

- Weekday, Evening & weekend Programs
- Individual & Group Therapy
- Gender specific groups for Men & Women
- Psychiatric Evaluation and Medication Management
- DMV Evaluations
- Chronic Relapse / Criminal Justice Treatment
- Intensive Outpatient Program
- Drug Testing and Monitoring
- Family Counseling
- Professional Group varies by location
- Ambulatory Detox and Medication Supported Recovery Services for Opiates is site specific